

Starters

SANS SELECTIONS (For Two Persons) £13.00

Selection of appetizers to share including crispy wonton, spare ribs, prawn toast, crispy seaweed with vegetable mini spring rolls. Served with home make sweet chili sauce

DIM SUM PLATTER (For Two Persons) £10.00

Traditional dim sum platter of small steamed parcels including prawn har gau, pork stu mai, beef shu mai & siu lon por

DUCK

Aromatic Duck (quarter) £9.80
Aromatic Duck (half) £18.00

Crispy Aromatic Duck served with spring onions, sliced cucumber & Hoi-Sin sauce wrapped in a savoury pancake

YUK SUNG

(For two Persons)

Pork Yuk Sung £9.00

Wok fired minced pork with mixture of freshly cut water chestnuts, straw mushroom, bamboo shoots, carrots, served with crispy lettuce and crunchy vermicelli

Vegetable Yuk Sung £7.50

Mixture of freshly cut vegetables, served with crispy lettuce and crunchy vermicelli

SPARE RIBS

Barbecue Spare Ribs in fruity Cantonese Kung – Do sauce £8.50
Spicy Spare Ribs with chilli and Chinese five spice £8.50
Barbecue Spare Ribs with Lemon £8.50

Rich flavour spare ribs marinated in hoi sin sauce and carefully barbecued

BARBECUE CHICKEN WINGS £7.10

Barbecue chicken wings with five spice and salted chilli
Or
Barbecue chicken wing in Cantonese Kung-Do sauce

SPRING ROLLS

Spring Rolls (2) £5.90

Char siu pork, Chicken, prawn, cabbage, carrot and straw mushroom

Vegetable Mini Spring Rolls (2) £5.90

Shredded carrots, cabbage, bamboo shoots and straw mushroom

Vegetarians Mini Spring Rolls (8) £5.90

XINJIANG SATAY SKEWERS

3 Skewers per portion

Chicken £8.50

King Prawns £10.50

Fillet Steak £10.50

Mixture of all three £10.50

Served in Skewers with our specially made satay sauce

Special Dishes

Roast pork char siu £9.40

Deliciously sweet Chinese roast pork marinated in Hoi sin sauce gently barbecued

Thai chicken £9.40

Served in sweet chilli soya sauce

Dali sea Bass £13.90

Skillfully cut sea bass served in Szechwan sweet chilli spicy sauce

THAI STYLE HONEY AND CHILLI SAUCE

Chicken £9.40

King prawns £11.90

THAI STYLE GARLIC AND CHILLI SAUCE

Chicken £9.40

King prawns £11.90

Lobster £28.00

Lobster with fresh ginger and spring onion
Or
Lobster in creamy cheeses sauce

PLEASE NOTE LOBSTER IS SUBJECT TO 30 MINUTES COOKING TIME AND ONLY TO BE SERVED FROM SUNDAY TO THURSDAYS, NOT ABLE TO SERVE ON FRIDAYS AND SATURDAYS

Scallops £11.90

Fresh Scallops in Oyster sauce and season Vegetable
Or
Wok fried Scallops with asparagus

PLEASE NOTE ALL OUR FILLET STEAK DISHES ARE SERVED ON SIZZLING PLATE, IF YOU WISH TO UPGRADE ANY OTHER DISHES TO BE SERVED ON SIZZLING PLATE IS SUBJECT TO £1.00 CHARGE; PLEASE MAKE US AWARE ON ORDER.

Noodles

Fried soft noodle £4.00

Fried vermicelli rice noodle £4.00

Mix Vegetables Chow Mein £6.90

Vegetarian vermicelli £6.90

Chicken Chow Mein £7.50

Chicken vermicelli £7.50

Roast pork Char Siu Chow Mein £7.50

Roast pork Char Siu vermicelli £7.50

Beef Chow Mein £7.50

Beef vermicelli £7.50

Singapore Chow Mein £7.90

Singapore vermicelli £7.90

YoungChow Chow Mein £7.90

YoungChow vermicelli £7.90

Rice

Steam fragrant rice £3.00

Egg fried rice £3.20

Vegetarian fried rice £6.80

SEA FOOD STARTERS

King Prawns with garlic butter £9.70

Rich Garlic buttered King Prawns served with cherry tomato

Prawn on Toast £7.00

Minced prawns spread on toast, fried & sprinkled with sesame seeds

Japanese's style Tempura king prawns £8.30

Spicy Squid £6.50

Crispy fried squid served with chilli & Chinese five spice

Mussels (6 per portion) £6.00

Fresh pan steam mussels in a garlic & Szechuan sauce or Black beans sauce

Crab Claws £6.50

Deep fried stuffed crab claws serve with home made sweet chilli sauce

Scallops £8.30

Pan fried scallops in garlic butter and fresh Chilli)
Or
Steam Scallops with Vermicelli in garlic & soya sauce

SOUPS

Hot & Sour Soup £5.20

Shredded bamboo shoots, carrots, prawns & shar siu pork & chilli with poached egg white

Chicken & Sweet corn Soup £4.20

Served with poached egg white

Crabmeat stick & sweet £4.20

Served with poached egg white

WE ONLY USE FRESH VEGETABLE OIL IN OUR KITCHEN AND WE TRY OUR VERY BEST TO USE AS LITTLE OIL AS POSSIBLE, IN ORDER TO COOK THE MOST HEALTHY DISHES FOR OUR CUSTOMERS.

Main Courses

CHICKEN DISHES £9.40 each

Crispy shredded chicken with garlic chilli
Crispy shredded chicken in Cantonese Kung-Do Sauce
Lemon supreme chicken
Chicken breast in home made sweet & sour sauce
Spicy Kung Po chicken with cashew nut
Chicken in cashew nut
Sweet & spicy Szechuan chicken
Chicken in black bean sauce
Chicken satay

Chicken with pineapple in a sweet and sour sauce
Chicken served with freshly diced tomato & garlic in Tomato sauce

BEEF DISHES £9.40 each

Crispy shredded beef with garlic chilli
Crispy shredded beef in Cantonese Kung-Do Sauce
Spicy Kung Po beef with cashew nut
Beef in cashew nut
Beef with Mushrooms
Sweet & spicy Szechuan beef
Beef in black bean sauce
Beef satay with peanut batter

Pineapple fried rice £6.80

Youngchow fried rice £7.80

Roast pork Char Siu fried rice £7.50

Chicken fried rice £7.50

Singapore fried rice £7.90

Minced beef fired rice £8.00

King prawn fried rice £8.00

Side Dishes

Chips £2.50

Sweet and Sour sauce £2.50

Curry Sauce £2.50

King Do Sauce £2.50

PLEASE INFORM US, IF YOU HAVE NOT FOUND WHAT YOU WANTED ON OUR MENU, OUR CHEF WILL BE PLEASE TO DO THEIR BEST TO ACCOMMODATE YOUR REQUIREMENT.

Special Banquet

Dinner A for two persons (£23.00 per person)

King Prawns with garlic butter (3 each)



Aromatic Duck



Dali sea bass

Satay mix meat

(Fillet steak, king prawns & chicken)

Fresh wok fried vegetables

Egg fried rice

Dinner B for three persons (£23.00 per person)

King Prawns with garlic butter (3 each)



Aromatic Duck



Dali sea bass

Fillet steak in fruity Cantonese Kung Do sauce

Char Siu Pork

Kung-po chicken

Egg fried rice

Dinner C for four persons (£23.00 per person)

Sans Selections



Aromatic Duck



Grilled king prawns in garlic Chilli

Dali sea bass

Duck in plum sauce

Deliciously sweet roast pork char siu

Fillet steak with garlic chilli

Fresh wok fried vegetable in black bean sauce

Egg fried rice

FILLET STEAK DISHES £13.50 each

Fillet steak in Cantonese Kung-Do Sauce
Fillet steak with garlic chilli
Cheng Du Szechwan fillet steak
Fillet steak in black bean sauce
Fillet steak with ginger & spring onions
Fillet steak in satay sauce
Fillet steak with black pepper

DUCK DISHES £11.60

Lemon supreme duck
Duck in orange sauce
Duck with plum sauce

FISH DISHES £18.90

Steam Fillets of sea bass with ginger and spring onion

MUSSELS £11.50

(12 per portion)

Pan Steam mussels with garlic Szechwan sauce
Pan Steam mussels cook in black bean sauce

KING PRAWNS DISHES £11.90

King prawns with garlic chilli
King prawns cashew nut
Sweet & spicy Szechuan king prawns
King prawns in black bean sauce
King prawns in home made sweet & sour sauce
King prawns satay
King prawns in black pepper sauce
King prawns with pineapple in a sweet and sour sauce
King prawns served with freshly diced tomato & garlic in Tomato sauce

THAI CURRY DISHES

Thai Beef curry £9.40

Thai chicken curry £9.40

Thai king prawns curry £11.90

VEGETARIAN DISHES £7.80

Thai Curry with mixed vegetable
Fresh selection of wok fried vegetable
Mix vegetable in black bean sauce
Mix vegetable in sweet & sour sauce
Mix vegetable in kung po sauce
Mushrooms in Oyster sauce

TOFU (soft) £8.00

Slightly battered Tofu in sweet and sour sauce
Tofu in black beans sauce

Lightly battered Tofu seasoned with chilli & Chinese five spices (Dry)

PAK CHOI £8.00

Serve with Ginger & garlic sauce
Or
Stir Fried in Oyster Sauce

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SANS RESTAURANT



RESTAURANT MENU

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Find us on Facebook: Sans Res

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01564 792 104

Open Tuesday5 - Sundays

Lunch 12 noon - 2pm

Dinner 5.30pm - 11pm

Open Bank Holiday Monday

Closed on Mondays



All major credit cards accepted
All prices include VAT