

Starters

SANS SELECTIONS (For Two Persons) £15.00

Selection of appetizers to share including crispy wonton, spare ribs, prawn toast, crispy seaweed with vegetable mini spring rolls. Served with home made sweet chili sauce

DIM SUM PLATTER (For Two Persons) £11.00

Traditional dim sum platter of small steamed parcels including prawn har gau, pork stu mai, beef shu mai & siu lon por

DUCK Aromatic Duck (quarter) £10.50 Aromatic Duck (half) £19.50

Crispy Aromatic Duck served with spring onions, sliced cucumber & Hoi-Sin sauce wrapped in a savoury pancake

YUK SUNG (For two Persons)

King Prawn Yuk Sung £13.00 King Prawn and Scallops Yuk Sung £13.50 Pork Yuk Sung £9.80 (Hot) Vegetable Yuk Sung £7.80

All Above serve with, mixture of freshly cut vegetables, served with crispy lettuce and crunchy vermicelli

SPARE RIBS

Barbecue Spare Ribs with honey and black pepper £8.80 Barbecue Spare Ribs with Cantonese Kung Do Sauce £8.80 Spicy Spare Ribs with Chilli and Chinese five spice £8.80 Barbecue Spare Ribs with Lemon £8.80

Rich flavour spare ribs marinated in hoi sin sauce and carefully barbecued

BARBECUE CHICKEN WINGS

Barbecue Chicken Wings in fruity Cantonese Kung – Do sauce £7.50 Barbecue Chicken Wings with honey and black pepper £7.50 Spicy Chicken Wings with Chilli and Chinese five spice £7.50

SPRING ROLLS

Spring Rolls (2) £6.20

Char siu pork, Chicken, prawn, cabbage, carrot and straw mushroom

Vegetable Mini Spring Rolls (2) £6.20

Shredded carrots, cabbage, bamboo shoots and straw mushroom

Vegetarians Mini Spring Rolls (8) £5.90

XINJIANG SATAY SKEWERS

3 Skewers per portion

Chicken £8.80 King Prawns £10.80 Fillet Steak £10.80 Mixture of all three £10.80

Served in Skewers with our specially made satay sauce

SEA FOOD STARTERS

King Prawns with garlic butter £9.90

Rich Garlic buttered King Prawns served with cherry tomato

Prawn on Toast £7.80

Minced prawns spread on toast, fried & sprinkled with sesame seeds

THAI CURRY DISHES

Thai / Chinese Beef curry £9.90 Thai / Chinese chicken curry £9.80 Thai / Chinese king prawns curry £12.30 Thai / Chinese Special Curry £12.50

VEGETARIAN DISHES £7.90

Thai Curry with mixed vegetable
Fresh selection of wok fried vegetable
Mix vegetable in black bean sauce
Mix vegetable in sweet & sour sauce
Mix vegetable in kung po sauce
Mushrooms in Oyster sauce

TOFU (soft) £8.20

Slightly battered Tofu in sweet and sour sauce

Tofu in black beans sauce

Lightly battered Tofu seasoned with chilli & Chinese five spices (Dry)

PAK CHOI £8.20

Served with Ginger & garlic sauce

Or

Stir Fried in Oyster Sauce

Noodles

Fried soft noodle £4.20

Fried vermicelli rice noodle £4.20

Mix Vegetables Chow Mein £7.20

Vegetarian vermicelli £7.20

Chicken Chow Mein £7.70

Chicken vermicelli £7.70

Roast pork Char Siu Chow Mein £7.90

Roast pork Char Siu vermicelli £7.90

Beef Chow Mein £7.90

Beef vermicelli £7.90

Singapore Chow Mein £8.10 (Hot)

Singapore vermicelli £8.10 (Hot)

Young Chow Chow Mein £8.10

Young Chow vermicelli £8.10

Rice

Steam fragrant rice £3.20

Egg fried rice £3.40

Vegetarian fried rice £6.90

Pineapple fried rice £6.90

Youngchow fried rice £7.90

Roast pork Char Siu fried rice £7.80

Chicken fried rice £7.70

Singapore fried rice £7.90

King prawn fried rice £9.50

Sea Food fried rice £9.50

Side Dishes

Chips £2.70

Spicy Chips £3.50

Sweet and Sour sauce £2.80

Curry Sauce £2.80

King Do Sauce £2.80

Satay Sauce £2.80

Mushrooms £5.50

Beansprouts £5.50

Bamboo Shoots & Water Chestnuts £5.50

Japanese's style Tempura king prawns £8.80

Spicy Squid £6.90

Crispy fried squid served with chilli & Chinese five spice

Mussels (6 per portion) £6.00

Fresh pan steam mussels in a garlic & Szechuan sauce or Black beans sauce

Crab Claws £6.80

Deep fried stuffed crab claws serve with home made sweet chilli sauce

Scallops £9.20

Pan fried scallops in garlic butter and fresh Chilli)

Or

Steam Scallops with Vermicelli in garlic & soya sauce

Please note this dish is only served on Sunday to Thursdays, and available on Friday and Saturdays)

Thai Fish Cake (4) £5.50

SOUPS

Hot & Sour Soup £5.40

Shredded bamboo shoots, carrots, prawns & shar siu pork & chilli with poached egg white

Sea Food Hot and Sour Soup £6.70

Shredded bamboo shoots, carrots, prawns, mussels & Scallops & chilli with poached egg white

Sea Food Soup £6.70

Tofu with Prawns, mussels & Scallops soup served with poached egg white

Won Ton Soup £4.50

Prawns and pork dumplings with Chinese vegetable

Chicken & Sweet corn Soup £4.50

Served with poached egg white

Crabmeat stick & sweet £4.50

Served with poached egg white

WE ONLY USE FRESH VEGETABLE OIL IN OUR KITCHEN AND WE TRY OUR VERY BEST TO USE AS LITTLE OIL AS POSSIBLE, IN ORDER TO COOK THE MOST HEALTHY DISHES FOR OUR CUSTOMERS.

Main Courses

CHICKEN DISHES £9.80 each

Crispy shredded chicken with garlic chilli (Dry)

Crispy shredded chicken in Cantonese Kung-Do Sauce

Lemon supreme chicken

Chicken with Mushrooms

Chicken breast in home made sweet & sour sauce

Sweet and Sour Chicken Balls

Spicy Kung Po chicken with cashew nut

Chicken in cashew nut

Sweet & spicy Szechuan chicken

Chicken in black bean sauce

Chicken Satay Sauce

Chicken with pineapple in a sweet and sour sauce

Slightly battered diced chicken with garlic chilli (Dry)

BEEF DISHES £9.90 each

Crispy shredded beef with garlic chilli (Dry)

Crispy shredded beef in Cantonese Kung-Do Sauce

Beef with Mushrooms

Spicy Kung Po beef with cashew nut

Beef in cashew nut

Sweet & spicy Szechuan beef

Beef in black bean sauce

Beef satay with peanut batter

Special Banquet

Dinner A for two persons (£24.00 per person)

Yuk Sung (Pork)

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Aromatic Duck

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Dali sea bass, Satay mix meat (Fillet steak, king prawns & chicken),
Fresh wok fried vegetables, Egg fried rice

Dinner B for three persons (£24.00 per person)

Yuk Sung (Pork)

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Aromatic Duck

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Dali sea bass, Fillet steak in fruity Cantonese Kung Do sauce, Char Siu Pork,
Kung-po chicken, Egg fried rice

Dinner C for four persons (£24.00 per person)

Sans Selections

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Aromatic Duck

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Grilled king prawns in garlic Chilli, Dali sea bass, Duck in plum sauce,
Deliciously sweet roast pork char siu, Fillet steak with garlic chilli,
Fresh wok fried vegetable in black bean sauce, Egg fried rice

Sea Food Banquet

£31.00 per person *Minimum of two persons*

Spicy squid

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Mince prawns & scallop yuk sung

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Lobster with giner and spring onion, Szechwan mussels,
Coconut hot pot with king prawns and scallops,
Pineapple sea food fried rice

Vegetarian Banquet

£20.50 per person *Minimum of two persons*

Vegetarian mini spring rolls & seaweed

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Vegetable yuk sung

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Aubergine with garlic chilli

Tofu in home made sweet and sour sauce

Mix vegetable in black beans sauce

Vegetable fried rice

FILLET STEAK DISHES £13.90 each

Fillet steak in Cantonese Kung-Do Sauce

Fillet steak with garlic chilli (Dry)

Cheng Du Szechwan fillet steak

Fillet steak in black bean sauce

Fillet steak with ginger & spring onions

Fillet steak in satay sauce

Fillet steak with black pepper

DUCK DISHES £11.90

Lemon supreme duck

Duck in orange sauce

Duck with plum sauce

PLEASE ASK OUR MEMBER OF STAFF FOR ALLERGIES INFORMATION.
CUSTOMERS MUST NOTIFY OUR STAFF OF ANY FOOD ALLERGIES AND
INTOLERANCES WHEN ORDERING.

FISH DISHES

Two **Steam Fillets of Sea Bass** with ginger and spring onion **£19.50**

Dali Sea Bass £13.90

(Skillfully cut sea bass served in Szechwan sweet chilli spicy sauce)

Salmon Dishes £12.70

Salmon in Plum sauce

Salmon in Black Beans Sauce

Salmon in Sweet and Spicy Szechwan Sauce

Salmon with Black Pepper sauce

Cod Fish £9.80

Diced and slightly battered cod fish in homemade Sweet and Sour sauce

Diced and slightly battered served with garlic chilli

Diced and slightly battered cod fish serve with Lemon sauce

PLEASE NOTE ALL OUR FILLET STEAK DISHES ARE SERVED ON SIZZLING PLATE, IF YOU WISH TO
UPGRADE ANY OTHER DISHES TO BE SERVED ON A SIZZLING PLATE PLEASE INFORM YOUR SERVER.
SUBJECT TO £1.00 CHARGE.

MUSSELS £11.50

(12 per portion)

Pan Steam mussels with garlic Szechwan sauce

Pan Steam mussels cook in black bean sauce

KING PRAWNS DISHES £12.30

King prawns with garlic chilli

King prawns cashew nut

King Prawns with Mushrooms

Sweet & spicy Szechuan king prawns

King prawns in black bean sauce

King prawns in home made sweet & sour sauce

King prawns Satay

King prawns in black pepper sauce

King prawns with pineapple in a sweet and sour sauce

King prawns served with freshly diced tomato & garlic in Tomato sauce

Lobster £28.00

Lobster with fresh ginger and spring onion

Scallops £11.90

Fresh Scallops in Oyster sauce and season Vegetable

Or

Wok fried Scallops with asparagus

Soft Shell Crab with garlic chilli £5.50 each



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SANS RESTAURANT



RESTAURANT MENU

www.sansrestaurant.co.uk

sansrestaurant@gmail.com

Find us on Facebook: Sans Res

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01564 792 104

Open Tuesday5 - Sundays

Lunch 12 noon - 2pm

Dinner 5.30pm - 11pm

Open Bank Holiday Monday

Closed on Mondays



All major credit cards accepted

All prices include VAT

PLEASE INFORM US, IF YOU HAVE NOT FOUND WHAT YOU WANTED ON OUR MENU, OUR CHEF
WILL BE PLEASE TO DO THEIR BEST TO ACCOMMODATE YOUR REQUIREMENTS.